



## **Ink & Introspection**

### **Connect @ 434 – The Maker's Space series**

#### **Types of Journals for Your Spiritual Walk**

The types are as endless as your own imagination, but a few of the most commonly used journal ideas include:

##### **Prayer journals**

(listing out your prayers so you can watch for and record answers)

##### **Journals that pair with Bible studies**

(helping you internalize and apply what you learn)

##### **Sermon journals**

(writing down the inspiration that comes from spiritual leaders)

##### **Growth journals**

(detailing your intentional activities to draw near to God)

##### **“God” sighting journals**

(recording where you see the Lord moving in your life, answering prayer, providing for needs, directing your path, etc.)

##### **A Gratitude Journal**

(naturally, to record your thanks)

##### **Spiritual Gift Journal**

(to convey how you use or develop your spiritual gifts)

