

# PEAKS AND POTHoles



## Microscopic Might Peaks and Potholes — Session One Matthew 17

5.18.25

14 When they came to the crowd, a man approached Jesus and knelt before him. 15 "Lord, have mercy on my son," he said. "He has seizures and is suffering greatly. He often falls into the fire or into the water." 16 I brought him to your disciples, but they could not heal him." 17 "You unbelieving and perverse generation," Jesus replied, "how long shall I stay with you? How long shall I put up with you? Bring the boy here to me." 18 Jesus rebuked the demon, and it came out of the boy, and he was healed at that moment. 19 Then the disciples came to Jesus in private and asked, "Why couldn't we drive it out?" 20 He replied, "Because you have so little faith. Truly I tell you, if you have faith as small as a mustard seed, you can say to this mountain, 'Move from here to there,' and it will move. Nothing will be impossible for you."

This is your take home guide for the first session in our series *Peaks and Potholes*. Remember Pastor Jeff shared on Sunday in Celebration Worship that the adventure of life is loaded with peaks and potholes. Unexpected dips and exhilarating climbs make up the stuff of everyday life — and God cares about each one. Nothing is too big and more importantly nothing is too small. You have what you need to tackle the peaks and the potholes.

With that in mind let's dig deeper and see the importance of little faith in a Great Big God. Set aside a time and find a place to study and pray. Grab your Bible, a pen, and your journal and get started... Ready — here we go!

Day 1: Understanding Faith

Reading: Matthew 17:14-16

Questions:

1. What does faith mean to you personally?
2. Can you recall a time when you felt your faith was small?
3. How did that impact your situation?

Day 2: The Power of a Mustard Seed

Reading: Matthew 17:20

Questions:

1. How does the analogy of a mustard seed resonate with you in your current life?
2. What are some "mountains" you face that may seem insurmountable? How might a little faith change your perspective?

Day 3: Overcoming Doubt

Reading: Matthew 17:17-19

Questions:

1. Reflect on a time when doubt overshadowed your faith. What did that experience teach you?
2. How can you combat doubt in your daily life? What practical steps can you take?

Day 4: The Role of Community

Reading: Consider the importance of faith in a community (Hebrews 10:24-25).

Questions:

1. How does being part of a community strengthen your faith?
2. Who in your life encourages your faith, and how can you support them in return?

Day 5: Small Acts of Faith  
Reading: Reflect on James 2:17 (Faith without works is dead).

Questions:

1. What small acts of faith can you commit to this week?
2. How do these small actions demonstrate your trust in God?

Day 6: Gratitude for Growth  
Reading: Philippians 1:6 (He who began a good work in you will carry it on).

Questions:

1. In what areas of your life have you seen growth in your faith, however small?
2. How can you express gratitude for these growth moments, even if they seem insignificant?

Day 7: Reflecting on God's Greatness  
Reading: Psalm 147:5 (Great is our Lord, and mighty in power).

Questions:

1. How does remembering God's greatness help you in your faith journey?
2. What specific attributes of God give you confidence in His ability to move your mountains?

Now you are at the end of the week – reflect on your journaling and consider the following:

- What have you learned about the nature of your faith?
- How will you continue to cultivate your faith in a great big God moving forward?
- In what ways can you share your journey of microscopic faith with others to encourage them?

Pray up and ask God to get you ready for another installment on this topic Sunday morning at The Church @ 434