



PRESCRIPTION LENSES

TAKE HOME STUDY GUIDE—SESSION FOUR

*Based upon the Celebration Worship series at The Church
@ 434 called "Shades"*

ROMANS 8:28

Take Home Study Guide – Looking Deeper & Closer

This study guide is designed to help you reflect on the message from our "Prescription Lenses" sermon based on Romans 8:28.

Remember, while you can't always change what you see, you can change how you see it. This guide will deepen your understanding of how God's perspective transforms our outlook and helps us navigate life with hope.

**Grab your Bible and your journal and get ready...
Let's go...**

Understanding Romans 8:28:

And we know that in all things God works for the good of those who love him, who have been called according to his purpose.

Pastor Jeff took some extra time and explained this verse phrase by phrase. If you took notes on Sunday while he spoke, this would be a good time to review them for a few minutes

Context:

This verse is part of a larger passage where Paul discusses the sufferings of this present time and the hope we have in Christ. It reassures us that God is actively involved in our lives, working everything together for our good.

God's Sovereignty:

Recognize that God has a plan and purpose for your life. Even in difficult circumstances, He is working behind the scenes, orchestrating events for your benefit.

Perspective Shift:

This verse encourages us to adjust our vision. Instead of focusing solely on our current struggles, we can trust that God is creating a beautiful tapestry from our experiences, leading us toward His ultimate purpose.

Application:

To see life through God's lens means embracing hope, trusting His goodness, and finding joy in the journey, even when it's challenging.

7 DAYS OF JOURNALING

BREAK OUT YOUR JOURNAL AND SET ASIDE SOME TIME EACH DAY TO
DIG DEEPER

DAY 1: REFLECTING ON GOD'S GOODNESS

What does it mean to you that God works for your good?

Can you identify a specific situation where you've seen this truth in your life?

DAY 3: SHIFTING YOUR PERSPECTIVE

Think of a current challenge you're facing.

How can you begin to view it through the lens of Romans 8:28?

What positive outcomes might God be working on?

DAY 2: UNDERSTANDING YOUR CALLING

How do you understand being "called according to His purpose"?

What unique purpose do you feel God has for your life right now?

DAY 4: THE TAPESTRY OF LIFE Consider the metaphor of a tapestry.

What "threads" in your life (both good and bad) can you see that God has woven together?

How does this perspective bring you comfort?

DAY 5: THE ROLE OF COMMUNITY

Who in your life helps you see things from God's perspective?

How can you lean on this community to help you adjust your lenses when you're struggling?

DAY 6: PRACTICING GRATITUDE

List five things you are grateful for today.

How does focusing on gratitude shift your perspective on your current situations?

DAY 7: TRUSTING GOD'S PLAN

Write about a time when you had to trust God in uncertainty.

What did you learn from that experience?

How can you apply that lesson to your life today?

CONCLUSION:

AS YOU REFLECT ON THESE QUESTIONS OVER THE NEXT WEEK, ALLOW GOD TO RESHAPE YOUR PERSPECTIVE. REMEMBER THAT YOU CAN'T ALWAYS CHANGE WHAT YOU SEE, BUT WITH HIS HELP, YOU CAN CHANGE HOW YOU SEE IT. EMBRACE THE HOPE THAT COMES FROM KNOWING GOD IS AT WORK IN EVERY ASPECT OF YOUR LIFE